

Gymna Myo 200

For myofeedback, electrotherapy and combined therapy

COMBINED FEEDBACK & ELECTRO STIMULATION *Create awareness of proper muscle movement*

- 2 Independent channels for rehabilitation, muscle strengthening, muscle relaxation
 - Pelvic rehabilitation programs
 - Muscle rehabilitation programs



INDEPENDENT EMG & PRESSURE FEEDBACK *Optimal training results through visualization*

- 2 Independent EMG channels
- 1 channel pressure
- Contraction and relaxation mode
- Target setting: automatic and manual
- Fatigability index with scan function
- Zoom functionality around captured target (on both channels)
- Audio feedback (adjustable) upon achieving the target value

INDEPENDENT ELECTROTHERAPY *Pain relief and muscle strengthening*

- 2 independent electrotherapy channels
- Supported with:
 - General objectives
 - Indications
 - Diagnostics
 - Free memory
- Optional: combination with Vaco 200

NEW

Gymna Physio Care

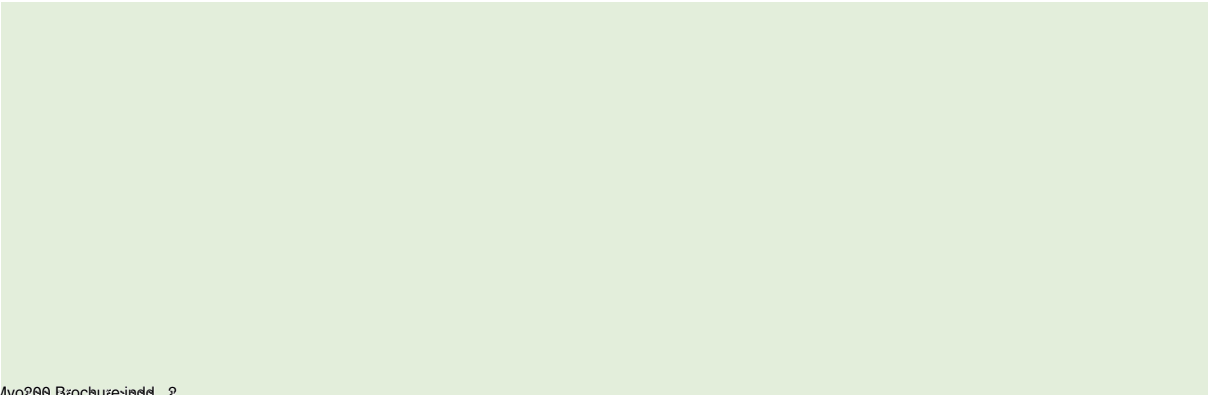
Top quality massage lotions for professionals



Cryotherapy **Diathermy** **Shockwave Therapy** **Physio Care** **Treatment Tables** **Electrotherapy** **Active Motion**



Your dealer



gymna.com



GymnaUniphy NV Pasweg 6A | B-3740 Bilzen, Belgium

Tel: +32 (0)89 510 510 | Fax: +32 (0)89 510 511

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Gymna Myo 200

Experience the advantages of myofeedback and electrotherapy

Gymna Myo 200, provides the functionality of 2 devices in one: electro stimulation and EMG feedback. Both therapy forms can be used independently or combined.

The myofeedback functionality will ensure fast and effective reeducation therapy. Because you can measure and visualise your patient's muscle activity, there is a greater awareness of muscle functioning. This improves proprioception and eventually your patient's quality of life.

The unique Myo PC software increases possibilities: select a pre-programmed treatment protocol, visualize and store training results, display and print different charts, keep patient files up to date, export data and perform a CONTILIFE® test and much more.

Advantages for your practice:

- EMG & electrotherapy in 1 device
- PC software increasing your possibilities
- Personalised effective treatments
- Extensive Treatment Guide
- Extensive range of probes



Gymna Myo 200

Most common objectives and indications

Gymna Myo 200 offers you the possibility to measure and treat, thanks to the combination with electrotherapy. This makes it into a multifunctional device allowing endless treatments.

- **Pelvic floor myofeedback**

Proprioception, stress-, urge- and mixed urinary incontinence, bladder relaxation.

- **Muscle stimulation & re-education**

Sports rehabilitation
Hemiplegia
Peripheral nerve lesions
Hypotonia

- **Pain relief**

Acute and chronic pain
Hypertonia
Torticollis

- **Diagnostic**

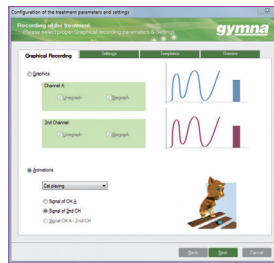
Rheobase, chronaxie, accommodation quotient

- **And more...**



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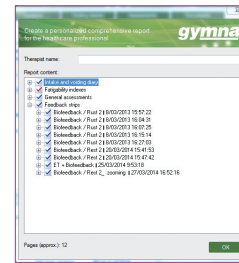
Make reeducation treatment easier with included software package



Customised visualisation



Line- and bargraph recording



Create a summary report for the doctor



Muscle activity overview of all feedback phases. Facilitates analysis of treatment progression.



Fatigability index



Treatment result

Evidence-based protocols

- Pelvic reeducation
- Muscle reeducation
- Customised programs

Maximum patient focus

- Capture target
- Stimulation assessment

Optimal graphical recording

- Customised visualisation
- 3D animations, themes
- Fatigability index
- Zoom function around target

Reporting function

- Intake & voiding diary
- Compare fatigability index
- General assessments
- Detailed overview of all feedback phases

Storing all sessions and documents

- Patient database
- CONTILIFE® questionnaire
- Intake and voiding diary
- Summary reports for doctors
- Export data in .csv format