

# Gymna Cryoflow ICE-CT

---

Cryotherapy with infrared feedback system for optimal temperature control



# Gymna Cryoflow ICE-CT

Proven effective for faster rehabilitation from acute trauma

Cryotherapy has been used for centuries. By now, though, the benefits of this therapy have been scientifically proven. Pain is reduced by slowing down nerve conduction velocity, the inflammation process is slowed by a reduction in the metabolic and enzymatic reactions and muscle spasms decrease due to the decrease in muscle spindle activity.



## PAIN REDUCTION

1  
Reduced need for pain medication  
More efficient treatment options

## ANTI-INFLAMMATORY AND REDUCES SWELLING

2  
Prevents the need for long-term rehabilitation  
More rapid return to activity

## MUSCLE RELAXATION

3  
Improved muscle stretching by spasm reduction  
Enhanced ROM

= *More rapid rehabilitation*



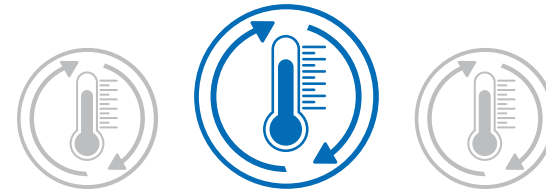
**Additional applications:** with spasticity, rheumatism patients, pre- and post-operative, arthrosis, recuperation after exertion, trigger point therapy, after amputations ...



# Gymna Cryoflow ICE-CT

## Optimal temperature control

The Gymna Cryoflow ICE –CT is equipped with a unique infrared feedback system for optimal temperature regulation, which guarantees maximum results.



### UNIQUE INFRARED FEEDBACK SYSTEM

- **Continuous measurement** of the skin temperature by means of an infrared sensor
- **Air flow** is **automatically** adjusted to achieve and maintain the desired temperature
- **Maximum results:**
  - ↗ Prevents temperatures that are too high - the 0-effect
  - ↘ Prevents temperatures that are too low - the risk of frostbite and nerve damage





#### POWERFUL AIRFLOW

The **skin temperature** drops to 12° C within 1 minute so the metabolic reactions required are initiated immediately

---



**Short treatment duration** due to very rapid drop to low temperatures

---



**Compression effect**, offers additional treatment applications such as lymphatic drainage by a combination of sweeping and compression

---

# Gymna Cryoflow ICE-CT

## Cryotherapy performed effectively and easy

THE GYMNA CRYOFLOW ICE-CT IS EQUIPPED WITH INTELLIGENT SOLUTIONS FOR YOUR COMFORT:



Dynamic treatment method



**35 pre-programmed settings** based on indications or objectives



**User friendly;** no refilling



**Short treatment duration** due to powerful temperature reduction



**Various nozzles** depending on the area to be treated



**2 treatment methods:** static and handsfree or dynamic and manual



Static treatment method

Various nozzles:

**5 mm nozzle**



Pointed for the treatment of trigger points or pain points

**15 mm nozzle**



Local cooling

**20 mm nozzle**



Local cooling for larger areas